



Swim With Dee ISR: 2019 Pool Agreement

Email: d.fogle@infantswim.com

Phone: 757-469-6494

Facility: Kroc Center 1401 Ballentine Blvd, Norfolk, VA 23504

Student(s) Name(s) _____

PLEASE PRINT AND READ CAREFULLY. INITIAL EACH ITEM AND SIGN AT BOTTOM. KEEP A COPY FOR YOUR RECORDS. *Your instructor must have a signed copy before lessons begin.*

____ 1. **Payment-** Weekly fees are \$100 per child. The fees cannot be prorated, as you are paying for a weekly time slot whether or not your child comes to lessons. Payment is due in full every Friday for the following week. You may pay by cash (*preferred*), through Paypal (pezdiva@yahoo.com, you pay all fees) or with a check. Please make checks payable to **Dee Fogle** and place them in the zipper pouch in the front of my BUDS book (please use a Post-It note to mark who payment is from). **Missed lessons will be charged to the parent.** If more than 30 lessons are required, the fee will be prorated at the regular tuition rate.

____ 2. **Time Schedule-** You should arrive at the pool 5 minutes before your time slot and have your child ready for lessons at his/her scheduled time. My schedule is very full and my ability to stay on time is contingent on my clients being on time. If you are late, I will do my best to fit you in, but it cannot be guaranteed. **Out of respect for all parents/students, if you show up 5 minutes late for a lesson, your lesson will be 5 minutes shorter that day.** When your lesson is finished, your child is rested, dry and dressed, please depart the immediate pool deck area promptly to make room for arriving students.

____ 3. **Attendance & Cancellation Policy-** Consistency is crucial to not only the learning process, but also with retention of those learned skills. Bringing your child every day will increase the rate of progress and retention of skills. You are paying for a time slot and it is important that you adhere to the attendance policy as there is most likely another student waiting for your child's time slot. **Only lessons cancelled by the instructor (for instructor illness, weather, scheduled vacation, etc) will be refunded or prorated.** If you need special arrangements or have a planned vacation, please discuss this with me prior to scheduling lessons. All other missed lessons will NOT be refunded or credited. Please feel free to contact me if you have any questions or concerns about lessons.

____ 4. **BUDS-** ISR monitors your child's Bowel, Urine, Diet and Sleep (BUDS) to make sure we detect any problems or potential problems that could interfere with lessons. All students will **complete the POOLSIDE BUDS prior to each lesson and inform me of any changes in your child's health, eating, sleeping, bowel or urination habits.**

____ 5. **Parent Resource Book (PRB)-** You will be emailed a PRB upon completion of the national registration. Please review your ISR Parent Resource Book carefully and completely. This book will answer most of your questions and educate you about the approach used to teach aquatic survival skills. If you have questions, I will be happy to supply you with additional information or clarification.

____ 6. **Attire-** ISR requires that each child, 3 years and younger or anyone not toilet trained for at least 6 months MUST wear **TWO layers of washable swim diapers** without exception. Two layers of protection will be worn at all times when in the pool to help to ensure a safe pool environment for everyone. The disposable swim diapers do not hold in fecal matter and, therefore, are not acceptable attire. When you complete the national registration, you will receive a code for one approved swim diaper which has anti-microbial protection; that should be the bottom layer of protection. You will need to have a second washable swim diaper for compliance. A swimsuit may be worn over the 2 forms of protection,

but does not count as a layer (unless it has a built-in swim diaper, which would count as your second layer). The health and safety of all ISR students is of the utmost importance. We will not compromise safety; **If your child is not in proper swim attire, he/she will not swim that day.** Please make sure you have a spare washable diaper with you at all times (in the event of an accident).

____ 7. **Towels-** ISR requires **three towels per child every day without exception.** This safety protocol dramatically reduces the chance of spreading communicable germs between students. The three-towel rule requires one towel to buffer the pool deck from students after each lesson. The second towel is laid on top of the buffer, and I will lay your child on top of that towel. The third towel is used to cover your child and dry him/her off. Please refer to your ISR PRB for more information.

____ 8. **Diet-** Please do not give your child any food or drink for at least 1.5 hours prior to lessons, and *no dairy products or high fat content foods for at least 2 hours prior to your lesson.* **NO APPLES OR APPLE PRODUCTS, pineapples, peaches, papaya, passion fruit, cooked spinach, honey or celery in any form for the entire duration of ISR lessons.** (You can feed these after Friday's lesson and restrict them again on Sunday at lunch time). The foods listed in the PRB can cause a buildup of gases in the abdomen leading to distention and discomfort for your child. Some students may require more time between meals and lessons. This varies from student to student.

____ 9. **Left-side Recovery-** After each lesson, your Instructor will lay your child down on his/her left side. Your child must remain in this position for at least one minute. In this position, the gas will be released easier and allow for the gradual adjustment from weightlessness in the water back to gravity on land. Use this time to dry off your child and to comfort and reinforce skills practiced during the lesson. Please refer to your PRB.

____ 10. **Sibling/Child supervision-** Do not allow other siblings or children in or near the water. Please keep all other children in your line of sight. They can be distracting to and unsafe to the Instructor and student. Consider bringing an activity to quietly occupy their time for the 15-20 min you will be at the pool. If you allow any child in your care to play on the property including the playground equipment, you or your designated agent must take full responsibility for any and all injuries that may occur due to said activity and hold harmless the property owners.

____ 11. **Video/Photographs-** Videotaping is only permitted **at my discretion, when your child is performing independently (usually on Friday).** Video guidelines are specific regarding which techniques may be videotaped. Please ask permission before taping a part of your child's lesson. Please feel free to take still pictures anytime you desire.

____ 11B. **Photo/Video Release-** I authorize Deva (Dee) Fogle to utilize any photos, digital images and/or video of my child for promotional and/or educational purposes including but not limited to printed and/or electronic publications or presentations and web site publication. If you **DO NOT** want your child's photo/video published, please sign here and verbalize this to your instructor. _____

____ 12. **Adverse Weather-** If it is thundering or lightning in the area, lessons will be cancelled. I will make every effort to contact you ahead of time to cancel the lessons if this occurs. I will send a text message first then follow-up with a phone call if you do not respond by text. You will not be charged for lessons cancelled due to weather. We will add on a makeup lesson at the end of our session. Weather is an inherent risk for afternoon/evening lessons. If this is a concern for you, please consider scheduling in the morning hours. Feel free to text me to check. If you don't reach me, I am teaching.

____ 13. **Illness-** If your child must miss a lesson unexpectedly, please text your instructor to prevent worry about why your child hasn't arrived. **If your child misses 3 or more lessons OR is placed on a medication, lessons will be put on hold and you will be required to update your medical information for the ISR Medical Team to review to ensure no problems could arise in lessons due to these events.** If your child is ill or must miss a lesson or two throughout the session, **the lessons must be paid for and are not prorated.** If a week or more is missed due to illness, contact me as soon as is feasible so that arrangements can be made to hold or reschedule your child's time slot.

____ 14. **Restroom & Housekeeping-** Please have your child use the restroom before starting the lesson. Restrooms are available for your use, and trashcans around the facility for disposing of soiled diapers. **No diaper changes on pool deck.**

____ 15. **Parking-** Please park in the the parking lot and come inside to get to the pool. The front desk can direct you.

____ 16. **Interference-** Please read the FAQ section of the Parent Resource Book regarding other water experiences that could interfere with your child's progress in lessons. Any time your child has a water experience outside of lessons, they

will interpret that as another lesson which can compete with progress.

____ 17. **Surveys-** You will receive 3 surveys throughout the course of lessons. Your feedback is greatly appreciated. As always, if you have questions or concerns, please discuss them with your instructor first. We are dedicated to making your experience the best it can be.

____ 18. I understand that while my child/children are in the water with Deva (Dee) Fogle during swimming lessons, Deva (Dee) Fogle shall be responsible for said child. Therefore, all times that my child or any other child is with me and not in the water, I or my designated agent shall be totally responsible for their safety and well being. I completely and totally release Deva (Dee) Fogle, ISR and any ISR representatives from any potential liability for any possible personal injuries and/or personal property damage suffered by any child that I or my designated agent brings to the residence while on premises, other than that time when the child is in the water during lessons with Deva (Dee) Fogle.

I ACKNOWLEDGE I HAVE READ THESE RULES AND I ACCEPT AND AGREE TO FOLLOW THEM. I ALSO ACKNOWLEDGE THAT THIS IS A BINDING CONTRACT THAT WILL BE VALID FOR THE ENTIRE DURATION OF LESSONS FOR AS MANY YEARS AS MY CHILD IS IN LESSONS.

Print Student(s) Name(s)

Mother's Signature Print Name Date Father's Signature Print Name Date

We are partners in your child's aquatic safety and together we can make this a safe and pleasant experience. Thank You again for choosing ISR with Swim With Dee!

Deva (Dee) Fogle, Certified ISR Instructor
757-469-6494